

论著·临床研究

急性大血管闭塞性轻型卒中血管内治疗的早期有效性和安全性分析

倪瑞隆^{1,2}, 赵 飞², 曹 立^{2#}, 邓江山^{2#}

1. 安徽理工大学医学院临床医学系, 淮南 232001; 2. 上海交通大学医学院附属第六人民医院神经内科, 上海 200233

[摘要] **目的**·探讨急性大血管闭塞性轻型卒中 (acute mild ischemic stroke with large vessel occlusion, LVO-MIS) 血管内治疗 (endovascular therapy, EVT) 的早期有效性和安全性。**方法**·回顾性连续纳入2016年6月—2022年10月在上海交通大学医学院附属第六人民医院卒中绿色通道收治的急诊EVT辅助标准内科治疗的31例LVO-MIS患者 (EVT组), 以及同期仅采用标准内科治疗的32例LVO-MIS患者 (对照组)。收集2组患者的一般临床资料和血管内治疗相关资料。其中, 主要结局为早期有效, 即治疗后第7日美国国立卫生研究院卒中量表 (National Institute of Health Stroke Scale, NIHSS) 评分 (NIHSS at seventh day after treatment, d7NIHSS) 较基线NIHSS评分下降 ≥ 3 分或直接下降到0分; 次要结局包括血管成功再通、早期神经功能恶化; 安全性评价包括症状性颅内出血、死亡。对2组患者的主要结局、次要结局进行分析, 以评估EVT早期有效性。对2组患者的安全性评价指标进行分析, 以评估EVT的安全性。采用Kruskal-Wallis H 检验对EVT组中24例实际行EVT的患者治疗前后的NIHSS评分进行分析。**结果**·2组患者的一般临床资料以及闭塞部位、发病至入院时间等血管内治疗相关资料间差异均无统计学意义。EVT组患者的基线NIHSS评分 [5.0 (3.0, 5.0) 分] 高于对照组 [3.5 (2.0, 5.0) 分] ($P=0.001$), 其d7NIHSS评分 [1.0 (0, 3.0) 分] 低于对照组 [2.0 (1.0, 5.8) 分] ($P=0.040$)。2组患者中共有24例 (38.1%) 患者达早期有效, 其中EVT组16例、对照组8例; 且EVT组的有效率较对照组更高 ($\chi^2=4.729$, $P=0.030$)。EVT组患者的早期神经功能恶化率较对照组更低 ($\chi^2=6.097$, $P=0.014$), 且EVT组中血管成功再通为29例 (93.5%)。2组患者在症状性颅内出血率、死亡率间差异无统计学意义。EVT组中, 24例患者基线NIHSS评分 [5.0 (3.0, 5.0) 分]、术后24 h的NIHSS评分 [2.0 (0.3, 3.8) 分]、d7NIHSS评分 [1.0 (0, 2.8) 分] 间差异具有统计学意义 ($H=16.997$, $P=0.000$)。**结论**·血管内治疗LVO-MIS是安全有效的; 该疗法的早期效果优于标准内科治疗, 早期神经功能恶化率更低且不增加症状性颅内出血的风险。

[关键词] 轻型卒中; 大血管闭塞; 血管内治疗; 早期神经功能恶化

[DOI] 10.3969/j.issn.1674-8115.2023.10.007 **[中图分类号]** R743.3 **[文献标志码]** A

Analysis of early efficacy and safety of endovascular therapy for acute mild ischemic stroke with large vessel occlusion

NI Ruilong^{1,2}, ZHAO Fei², CAO Li^{2#}, DENG Jiangshan^{2#}

1. Department of Clinical Medicine, School of Medicine, Anhui University of Science & Technology, Huainan 232001, China; 2. Department of Neurology, Shanghai Sixth People's Hospital, Shanghai Jiao Tong University School of Medicine, Shanghai 200233, China

[Abstract] **Objective**·To investigate the early efficiency and safety of endovascular therapy (EVT) for patients with acute mild ischemic stroke with large vessel occlusion (LVO-MIS). **Methods**·A total of 31 patients with LVO-MIS who received emergency EVT-assisted standard medical treatment at the Green Channel of Stroke in Shanghai Sixth People's Hospital, Shanghai Jiao Tong University School of Medicine from June 2016 to October 2022 were retrospectively included as endovascular therapy group (EVT group), and 32 LVO-MIS patients who only received standard medical treatment in the same period were selected as the control group. General clinical data and parameters related to EVT of the two groups were collected. The primary outcome was early efficacy, that is, the NIHSS at seventh day after treatment (d7NIHSS) score decreased by ≥ 3 points or directly to 0 points from baseline NIHSS score. Secondary outcomes included successful revascularization of blood vessels and early neurological deterioration (END), and safety outcomes included symptomatic intracranial hemorrhage (sICH) and mortality. The primary and

[基金项目] 国家自然科学基金 (82001303)。

[作者简介] 倪瑞隆 (1991—), 男, 硕士生; 电子信箱: nirl@rjlab.cn。

[通信作者] 邓江山, 电子信箱: johnson120@126.com。曹 立, 电子信箱: caoli2000@yeah.net。*为共同通信作者。

[Funding Information] National Natural Science Foundation of China (82001303)。

[Corresponding Author] DENG Jiangshan, E-mail: johnson120@126.com. CAO Li, E-mail: caoli2000@yeah.net. *Co-corresponding authors.

secondary outcomes of the two groups of patients were analyzed to evaluate the early efficiency of EVT, and the safety evaluation indicators of the two groups of patients were analyzed to evaluate the safety of EVT. Kruskal-Wallis H test was used to analyze the NIHSS scores of 24 patients in the EVT group who underwent EVT before and after treatment. **Results** There was no statistically significant difference in the general clinical data between the two groups, as well as parameters related to EVT such as occlusion site, and onset-to-admission time. The baseline NIHSS score of the EVT group [5.0 (3.0, 5.0) points] was higher than that of the control group [3.5 (2.0, 5.0) points] ($P=0.001$), and their d7NIHSS score [1.0 (0, 3.0) points] was lower than that of the control group [2.0 (1.0, 5.8) points] ($P=0.040$). A total of 24 patients (38.1%) in the two groups achieved early efficacy, including 16 cases in the EVT group and 8 cases in the control group; and the early efficacy rate of the EVT group was higher than that of the control group ($\chi^2=4.729$, $P=0.030$). The END rate in the EVT group was lower than that in the control group ($\chi^2=6.097$, $P=0.014$), and there were 29 cases (93.5%) in the EVT group of patients whose blood vessels were successfully reopened. There was no statistically significant difference in sICH rate and mortality rate between the two groups. In the EVT group, there was a statistically significant difference ($H=16.997$, $P=0.000$) among the baseline NIHSS scores [5.0 (3.0, 5.0) points] of 24 patients, postoperative 24hNIHSS score [2.0 (0.3, 3.8) points] and d7NIHSS scores [1.0 (0, 2.8) points]. **Conclusion** EVT is safe and effective in treating LVO-MIS, and the early efficacy rate of EVT is superior to standard medicine treatment, with a lower rate of END and no increased risk of sICH.

[Key words] mild ischemic stroke; large vessel occlusion (LVO); endovascular therapy (EVT); early neurological deterioration (END)

据报道,急性大血管闭塞性轻型卒中(acute mild ischemic stroke with large vessel occlusion, LVO-MIS)的神经功能缺损症状表现较轻,但神经功能恶化风险较高^[1-2]。目前,国内外相关指南^[3-4]均推荐对于美国国立卫生研究院卒中量表(National Institute of Health Stroke Scale, NIHSS)评分 ≥ 6 分的急性大血管闭塞性卒中(acute ischemic stroke with large vessel occlusion, LVO-AIS)行血管内治疗(endovascular therapy, EVT),而对NIHSS <6 分(即LVO-MIS)没有明确的指导建议。国外一项多中心回顾性研究^[5]显示,对LVO-MIS患者行EVT的良好预后并不优于标准内科治疗,且出血风险更高。个别研究^[6-7]报道,对行EVT的LVO-MIS患者进行随访观察后发现,其3个月时的独立生活能力与行标准内科治疗的该类患者的结果相似。也有研究^[2,8]显示,行EVT的LVO-MIS患者在出院时、长期随访中均具有较强的独立生活能力。且国内有少量病例报道显示,对LVO-MIS行EVT是安全有效的^[9]。由于国内关于EVT与标准内科治疗在LVO-MIS早期有效性、安全性方面的研究较少,本研究以LVO-MIS患者为研究对象,针对NIHSS评分变化、早期神经功能恶化(early neurological deterioration, END)、症状性颅内出血(symptomatic intracerebral hemorrhage, sICH)等指标进行回顾性分析,以期对LVO-MIS治疗提供参考。

1 对象与方法

1.1 研究对象

连续纳入2016年6月—2022年10月于上海交通

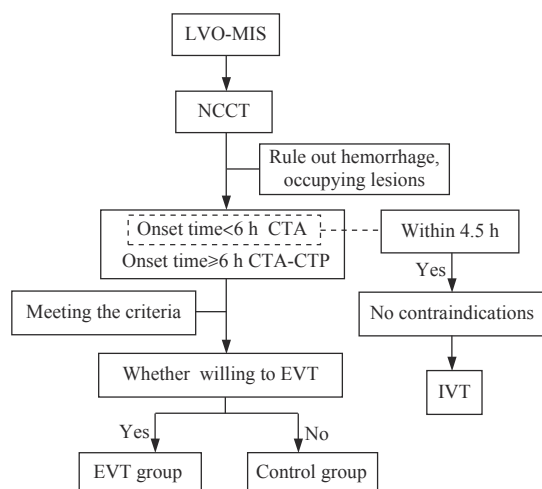
大学医学院附属第六人民医院脑卒中绿色通道收治的LVO-MIS患者72例。纳入标准:①年龄 ≥ 18 岁。②影像学检查证实为大血管闭塞,即颈内动脉、大脑中动脉M₁~M₂段、椎/基底动脉。③基线NIHSS评分 <6 分。④基线改良Rankin量表(modified Rankin Scale, mRS)评分 ≤ 2 分。⑤参考DEFUSE3研究^[10],发病时间 >6 h,同时影像学检查为低灌注体积/核心梗死体积 >1.8 且核心梗死体积 ≤ 70 mL。排除标准:①既往有活动性出血、出血性脑血管病史,或存在凝血功能异常。②合并严重心、肝、肾等脏器功能不全。③影像学提示,存在颅内出血、颅脑创伤或其他颅内疾病。④有昏迷、癫痫、中枢神经损伤等病史。⑤入院前1个月内有重大手术或外伤病史。⑥数据资料不全。⑦拒绝住院治疗。

1.2 研究方法

1.2.1 入院评估、患者分组及其资料收集 所有患者均经卒中绿色通道完成头颅CT平扫,实验室检查及心电图等常规检查。根据患者的发病至入院时间,采用计算机体层血管成像(computed tomography angiography, CTA)-计算机体层灌注(computed tomography perfusion, CTP)对LVO-MIS患者开展影像学评估:①发病时长 <6 h者,需行头颈CTA检查,明确责任血管并评估侧支代偿情况;如在溶栓时间窗内,需排除静脉溶栓禁忌,在患方知情同意后立即可行静脉溶栓治疗。②发病时长 ≥ 6 h者,需行CTA、CTP检查。

在初步影像学评估后,需向患者及家属详细解释

患者病情、EVT及标准内科治疗可能的获益和风险,而后根据患者及家属是否愿意进一步行血管内治疗,将其分为EVT组和对照组;前者采用EVT辅助标准内科治疗,后者仅采用标准内科治疗。入院评估及分组的流程见图1。



Note: NCCT—non-contrast computed tomography; IVT—intravenous thrombolysis.

图1 患者入院评估及分组的流程图

Fig 1 Flow chart for patient admission assessment and grouping

最终,本研究共计纳入LVO-MIS患者63例(超溶栓时间窗患者21例),其中EVT组31例(造影显示血管成功再通者7例)、对照组32例。收集2组患者的一般临床资料,包括年龄、性别、吸烟史、饮酒史、既往史[高血压、糖尿病、房颤、卒中或短暂性脑缺血发作(transient ischemic attack, TIA)、冠心病],以及血管内治疗相关资料,包括发病至入院时间、NIHSS评分(基线、治疗后24 h、治疗后第7日)、闭塞部位,以及早期有效、血管成功再通、END、sICH和死亡等情况。

1.2.2 治疗方案

(1) 标准内科治疗。根据《中国急性缺血性脑卒中诊治指南2018》^[11]中推荐的标准内科治疗方案对2组LVO-MIS患者开展相关治疗:①未接受静脉溶栓治疗的患者,需立即启动阿司匹林和氯吡格雷的双重抗血小板聚集治疗。②接受静脉溶栓治疗的患者,在静脉溶栓后24 h复查头颅CT,根据CT结果启动抗血小板聚集治疗。

(2) 血管内治疗。EVT组患者需先行脑血管造影检查,根据其造影情况再决定进一步的治疗方案,包括支架取栓、负压抽吸、球囊扩张、支架置入等。术后24 h后复查头颅CT,根据CT结果决定是否启

动抗血小板聚集治疗。

1.3 早期有效性和安全性评价

早期有效性评价需通过对2组患者的主要结局和次要结局指标进行分析,安全性评价需通过sICH、死亡等指标进行分析。

1.3.1 主要结局指标 本研究的主要结局指标为早期有效,即患者治疗后第7日NIHSS评分(NIHSS at seventh day after treatment, d7NIHSS)较基线NIHSS评分下降 ≥ 3 分或直接下降到0分。

1.3.2 次要结局指标 本研究的次要结局指标为血管成功再通、END。采用改良脑梗死溶栓分级(modified Thrombolysis in Cerebral Infarction Score, mTICI)评估责任血管的再通情况,其中mTICI 2b~3级定义为血管成功再通^[12]。将患者入院72 h内NIHSS评分比基线评分增加 ≥ 4 分^[13-14]定义为END。

1.3.3 安全性评价 安全性评价指标为sICH、死亡。参照欧洲协作组急性卒中研究Ⅲ(European Cooperative Acute Stroke Study Ⅲ, ECASS Ⅲ)^[15]的试验标准,将术后24 h复查影像存在颅内出血的证据,且颅内出血导致NIHSS评分增加 ≥ 4 分或导致死亡定义为sICH。

1.4 统计学方法

采用SPSS 22.0对数据进行处理。符合正态分布的定量资料以 $\bar{x} \pm s$ 表示,采用独立样本 t 检验进行比较;不符合正态分布的定量资料以 $M(Q_1, Q_3)$ 表示,采用Mann-Whitney U 检验进行比较。定性资料以频数(百分率)表示,采用 χ^2 检验进行比较。采用Kruskal-Wallis H 检验比较EVT组患者血管内治疗前、后的NIHSS评分。 $P < 0.05$ 表示差异具有统计学意义。

2 结果

2.1 患者一般临床资料及血管内治疗相关资料的基线数据比较

对2组患者的一般临床资料和血管内治疗相关资料的基线数据(闭塞部位、基线NIHSS评分、发病至入院时间)进行比较,结果(表1)显示,EVT组患者的基线NIHSS评分高于对照组($P = 0.001$),其余指标间差异均无统计学意义。

表 1 2组患者的一般临床资料及血管内治疗相关资料的基线数据比较

Tab 1 Comparison of general clinical data and baseline characteristics related to EVT between the two groups of patients

Item	EVT group (n=31)	Control group (n=32)	P value
Age/year	67.8±14.3	66.6±14.7	0.483
Male/n(%)	24 (77.4)	28 (87.5)	0.292
Smoking ^a /n(%)	10 (32.3)	10 (31.3)	0.932
Drinking ^a /n(%)	8 (25.8)	8 (25.0)	0.941
Medical history ^b /n(%)			
Hypertension	19 (61.3)	25 (78.1)	0.146
Diabetes	8 (25.8)	8 (25.0)	0.941
Atrial fibrillation	12 (38.7)	7 (21.9)	0.146
Ischemic stroke or TIA	5 (16.1)	10 (31.3)	0.159
Coronary heart disease	1 (3.2)	4 (12.5)	0.173
Occlusion site/n(%)			
ICA	5 (16.1)	7 (21.9)	0.561
MCA (M1)	21 (67.7)	16 (50.0)	0.153
MCA (M2)	2 (6.5)	2 (6.3)	0.974
VB/BA	3 (9.7)	7 (21.9)	0.185
Baseline NIHSS score/score	5.0 (3.0, 5.0)	3.5 (2.0, 5.0)	0.001
Onset-to-admission time/min	230 (70, 222)	270 (86, 436)	0.209

Note: ^a Current or within the prior 5 years. ^b Patient self-report or family report. ICA—internal carotid artery; MCA—middle cerebral artery; VB—vertebral artery; BA—basilar artery.

2.2 早期有效性及安全性指标分析

对2组患者的早期有效性和安全性进行分析,结果(表2)显示早期有效率及END率的组间差异具有统计学意义(均 $P<0.05$)。

表 2 2组患者的早期有效性和安全性的比较

Tab 2 Comparison of early efficacy and safety between the two groups of patients

Outcome	EVT group (n=31)	Control group (n=32)	χ^2 value	P value
Primary outcome/n(%)				
Early efficiency	16 (51.6)	8 (25.0)	4.729	0.030
Secondary outcome/n(%)				
mTICI 2b-3	29 (93.5)	6 ^① (46.2) ^②	13.089	0.000
END	1 (3.2)	8 (25.0)	6.097	0.014
Safety outcome				
sICH	1 (3.2)	1 (3.1)	0.001	0.982
Death in hospital	0	0	—	—

Note: ^①The $n=6$ was referred to the number of IVT patients' angiography showing revascularization in the EVT group; ^②The rate of mTICI 2b-3 in the control group was referred to the IVT data of EVT group (6/13).

本研究中,EVT组患者的d7NIHSS评分为[1.0(0, 3.0)分],低于对照组患者评分[2.0(1.0, 5.8)分],且差异具有统计学意义($P=0.040$)。在EVT组中造影显示血管成功再通的患者为7例,其中6例为静脉溶栓后血管成功再通,1例造影显示为前交通微动脉瘤破裂出血,系静脉溶栓导致的微动脉瘤破裂出血。该组中其余24例患者均实际进行了EVT,其基线NIHSS评分为5.0(3.0, 5.0)分、治疗后24hNIHSS评分为2.0(0.3, 3.8)分、d7NIHSS评分为1.0(0, 2.8)分,且该3个NIHSS评分间差异具有统计学意义($H=16.997$, $P=0.000$),继而提示EVT治疗LVO-MIS是有效的。在上述24例患者中有2例未达血管成功再通,病因均为大动脉粥样硬化性狭窄。其中,1例为行单纯球囊扩张治疗,扩张后血流恢复不满意,遂使用血小板糖蛋白Ⅱb/Ⅲa受体抑制剂(platelet glycoprotein Ⅱb/Ⅲa inhibitor, GPI),最终血流仅恢复到mTICI 2a级;另1例为桥接治疗患者,行球囊扩张、支架置入治疗后血流恢复不满意,遂经GPI等治疗,最终血流仅恢复到mTICI 1级。

对未达早期有效和超溶栓时间窗的患者行进一步分析,结果发现:①在EVT组15例未达早期有效的患者中,4例患者的d7NIHSS较基线增加(1例发生END);在对照组的24例未达早期有效的患者中,9例患者的d7NIHSS较基线增加(8例发生END)。②在超溶栓时间窗的患者中,有5例发生END且均为对照组患者(占对照组END总人数的62.5%),提示行EVT治疗可降低LVO-MIS患者的END发生率。

3 讨论

临床上,LVO-MIS患者病情不稳定^[16],再灌注治疗可显著改善其预后。针对静脉溶栓时间窗内的患者进行研究后发现,经EVT的LVO-MIS患者的预后不劣于静脉溶栓治疗^[1,6,8,17];且欧洲卒中组织推荐致残性神经功能缺损症状、静脉溶栓后临床恶化或存在静脉溶栓禁忌的LVO-MIS患者需行EVT^[18]。

本研究发现,与对照组相比,EVT组患者的早期有效率较高、END发生率较低;EVT组患者的血管成功再通率为93.5%,与静脉溶栓相比,EVT成功再通率更高。DA ROS等研究^[19]显示,采用EVT治疗LVO-MIS的再通率高于静脉溶栓治疗。在针对LVO-AIS的中国急性大血管闭塞性缺血性卒中直接动

脉治疗的疗效评估 (Direct Intraarterial Thrombectomy to Revascularize Acute Ischemic Stroke Patients with Large Vessel Occlusion Efficiently in Chinese Tertiary Hospitals: a Multicenter Randomized Clinical Trial, DIRECT-MT)、急性缺血性卒中血管内治疗关键技术及急救流程改进研究 (Endovascular Treatment Key Technique and Emergency Work Flow Improvement of Acute Ischemic Stroke, ANGEL-ACT) 等研究^[20-22]的结果显示,直接行EVT不劣于桥接治疗。BHATIA等^[23]研究显示阿替普酶静脉溶栓在大脑中动脉M1段的再通率为32.3%,在颈内动脉的再通率仅为4.4%;这与本研究结果(46.2%)相比,LVO-MIS静脉溶栓治疗显然是获益的^[24-25]。本研究中静脉溶栓再通率(46.2%)相对较高,可能与LVO-MIS患者的早期血栓负荷小、血栓通透性高有关^[26]。静脉溶栓后观察和等待溶栓效果会延长入院到完成穿刺时间、增加sICH和栓子破碎导致的栓塞风险^[27]。在安全性方面,本研究的2组中各有1例患者发生sICH,且相关研究^[11]显示静脉溶栓出血风险低,微小动脉瘤(<10 mm)是溶栓的相对禁忌。在这2例sICH中,1例为合并颅内微小动脉瘤患者(EVT组)静脉溶栓后出血,直接行EVT或可避免静脉溶栓导致动脉瘤破裂出血的风险;另1例为脑梗死出血转化(对照组),且住院期间2组患者均未发生死亡。继而提示,患者在安全性方面的组间无差异。

本研究的EVT组中有2例LVO-MIS患者未成功再通,其病因均为大动脉粥样硬化性狭窄;针对该种情况,传统的支架取栓联合负压抽吸难以去除狭窄远端血栓,而采用远端取栓支架保护下的球囊血管成形术(balloon angioplasty with the distal protection of stent retriever, BASIS)同时应用GPI则可显著降低传统支架取栓后再闭塞的风险,从而可改善患者的预后^[28-30]。在本研究超溶栓时间窗的分析中发现EVT可显著降低患者的END,继而提示针对超溶栓时间

窗的LVO-MIS患者开展EVT或更有意义^[31]。既往研究发现,LVO-MIS患者的END与侧支循环衰竭、近端闭塞及血栓长度等高度相关^[14,32]。因此,结合影像学检查行综合评估以筛选END高危患者进而开展EVT干预可能更有意义。

本研究尚存在一定的局限性,比如仅为单中心回顾性研究、纳入的病例数偏少等,未来我们将开展多中心的随机对照研究,继续对LVO-MIS的治疗进行探索。综上所述,针对LVO-MIS患者行EVT是安全、有效的;与标准内科治疗相比,行EVT的LVO-MIS患者的END风险更低且不增加sICH风险。我们期待或将开展高级别的多中心、前瞻性、随机对照临床研究,为LVO-MIS的治疗提供相关循证学证据支持。

利益冲突声明/Conflict of Interests

所有作者声明不存在利益冲突。

All authors disclose no relevant conflict of interests.

伦理批准和知情同意/Ethics Approval and Patient Consent

本研究经上海交通大学医学院附属第六人民医院科学伦理委员会审核批准(文件号KY2017-048-01)。受试对象或其亲属已经签署知情同意书。

All experimental protocols in this study were reviewed and approved by Ethics Committee of Shanghai Sixth People's Hospital, Shanghai Jiao Tong University School of Medicine (No. KY2017-048-01). Consent letters have been signed by the research participants or their relatives.

作者贡献/Authors' Contributions

倪瑞隆负责数据分析和论文撰写,邓江山、曹立、赵飞负责研究设计和论文修改。所有作者均阅读并同意了最终稿件的提交。

NI Ruilong performed the statistical analysis and drafted the manuscript. DENG Jiangshan, CAO Li and ZHAO Fei were responsible for the research design and paper revision. All the authors have read the last version of paper and consented for submission.

- Received: 2023-08-07
- Accepted: 2023-10-06
- Published online: 2023-10-28

参 · 考 · 文 · 献

- [1] DARGAZANLI C, ARQUIZAN C, GORY B, et al. Mechanical thrombectomy for minor and mild stroke patients harboring large vessel occlusion in the anterior circulation: a multicenter cohort study[J]. Stroke, 2017, 48(12): 3274-3281.
- [2] HELDNER M R, CHALOULOS-IAKOVIDIS P, PANOS L, et al. Outcome of patients with large vessel occlusion in the anterior

circulation and low NIHSS score[J]. J Neurol, 2020, 267(6): 1651-1662.

- [3] 中华医学会神经病学分会, 中华医学会神经病学分会脑血管病学组, 中华医学会神经病学分会神经血管介入协作组. 中国急性缺血性卒中早期血管内介入诊疗指南2022[J]. 中华神经科杂志, 2022, 55(6): 565-580.



- Chinese Society of Neurology, Chinese Stroke Society, Neurovascular Intervention Group of Chinese Society of Neurology Chinese. Chinese guidelines for the endovascular treatment of acute ischemic stroke 2022[J]. Chin J Neurol, 2022, 55(6): 565-580.
- [4] POWERS W J, DERDEYN C P, BILLER J, et al. 2015 American heart association/American stroke association focused update of the 2013 guidelines for the early management of patients with acute ischemic stroke regarding endovascular treatment: a guideline for healthcare professionals from the American heart association/American stroke association[J]. Stroke, 2015, 46(10): 3020-3035.
- [5] SARRAJ A, HASSAN A, SAVITZ S I, et al. Endovascular thrombectomy for mild strokes: how low should we go?[J]. Stroke, 2018, 49(10): 2398-2405.
- [6] MANNO C, DISANTO G, BIANCO G, et al. Outcome of endovascular therapy in stroke with large vessel occlusion and mild symptoms[J]. Neurology, 2019, 93(17): e1618-e1626.
- [7] DOBROCKY T, PIECHOWIAK E I, VOLBERS B, et al. Treatment and outcome in stroke patients with acute M2 occlusion and minor neurological deficits[J]. Stroke, 2021, 52(3): 802-810.
- [8] HAUSSEN D C, LIMA F O, BOUSLAMA M, et al. Thrombectomy *versus* medical management for large vessel occlusion strokes with minimal symptoms: an analysis from STOPStroke and GESTOR cohorts[J]. J Neurointerv Surg, 2018, 10(4): 325-329.
- [9] 王桂芳, 杨晓倩, 肖以磊, 等. 血管内机械取栓治疗大血管闭塞性轻型脑卒中的安全性和有效性分析[J]. 中华神经医学杂志, 2020, 19(7): 711-714.
- WANG G F, YANG X Q, XIAO Y L, et al. Safety and efficacy of mechanical thrombectomy in minor stroke with large vessel occlusion[J]. Chin J Neuromed, 2020, 19(7): 711-714.
- [10] ALBERS G W, MARKS M P, KEMP S, et al. Thrombectomy for stroke at 6 to 16 hours with selection by perfusion imaging[J]. N Engl J Med, 2018, 378(8): 708-718.
- [11] 中华医学会神经病学分会, 中华医学会神经病学分会脑血管病学组. 中国急性缺血性脑卒中诊治指南 2018[J]. 中华神经科杂志, 2018, 51(9): 666-682.
- Chinese Society of Neurology, Chinese Stroke Society. Chinese guidelines for diagnosis and treatment of acute ischemic stroke 2018[J]. Chin J Neurol, 2018, 51(9): 666-682.
- [12] ZAIDAT O O, YOO A J, KHATRI P, et al. Recommendations on angiographic revascularization grading standards for acute ischemic stroke: a consensus statement[J]. Stroke, 2013, 44(9): 2650-2663.
- [13] 陈松, 王驰, 王伟, 等. 急性颅内前循环大血管闭塞血管内治疗再通后早期神经功能恶化的影响因素分析[J]. 中国脑血管病杂志, 2022, 19(2): 73-78, 108.
- CHEN S, WANG C, WANG W, et al. Risk factors of early neurological deterioration after endovascular therapy recanalization for acute intracranial anterior circulation large vessel occlusion[J]. Chinese Journal of Cerebrovascular Diseases, 2022, 19(2): 73-78, 108.
- [14] SENERS P, BEN HASSEN W, LAPERGUE B, et al. Prediction of early neurological deterioration in individuals with minor stroke and large vessel occlusion intended for intravenous thrombolysis alone[J]. JAMA Neurol, 2021, 78(3): 321-328.
- [15] HACKE W, KASTE M, BLUHMKI E, et al. Thrombolysis with alteplase 3 to 4.5 hours after acute ischemic stroke[J]. N Engl J Med, 2008, 359(13): 1317-1329.
- [16] SALEEM Y, NOGUEIRA R G, RODRIGUES G M, et al. Acute neurological deterioration in large vessel occlusions and mild symptoms managed medically[J]. Stroke, 2020, 51(5): 1428-1434.
- [17] WANG G F, ZHAO X, LIU S P, et al. Efficacy and safety of mechanical thrombectomy for acute mild ischemic stroke with large vessel occlusion[J]. Med Sci Monit, 2020, 26: e926110.
- [18] TURC G, BHOGAL P, FISCHER U, et al. European Stroke Organisation (ESO)-European Society for Minimally Invasive Neurological Therapy (ESMINT) guidelines on mechanical thrombectomy in acute ischemic stroke[J]. J Neurointerv Surg, 2019, 11(6): 535-538.
- [19] DA ROS V, CORTESE J, CHASSIN O, et al. Thrombectomy or intravenous thrombolysis in patients with NIHSS of 5 or less?[J]. J De Neuroradiol, 2019, 46(4): 225-230.
- [20] YANG P, ZHANG Y, ZHANG L, et al. Endovascular thrombectomy with or without intravenous alteplase in acute stroke[J]. N Engl J Med, 2020, 382(21): 1981-1993.
- [21] TONG X, WANG Y L, FIEHLER J, et al. Thrombectomy *versus* combined thrombolysis and thrombectomy in patients with acute stroke: a matched-control study[J]. Stroke, 2021, 52(5): 1589-1600.
- [22] BROEG-MORVAY A, MORDASINI P, BERNASCONI C, et al. Direct mechanical intervention *versus* combined intravenous and mechanical intervention in large artery anterior circulation stroke: a matched-pairs analysis[J]. Stroke, 2016, 47(4): 1037-1044.
- [23] BHATIA R, HILL M D, SHOBHA N, et al. Low rates of acute recanalization with intravenous recombinant tissue plasminogen activator in ischemic stroke: real-world experience and a call for action[J]. Stroke, 2010, 41(10): 2254-2258.
- [24] 刘丽萍, 陈玮琪, 段婉莹, 等. 中国脑血管病临床管理指南(节选版): 缺血性脑血管病临床管理[J]. 中国卒中杂志, 2019, 14(7): 709-726.
- LIU L P, CHEN W Q, DUAN W Y, et al. Chinese stroke association guidelines for clinical management of cerebrovascular disorders (excerpts): clinical management of ischemic cerebrovascular disorders[J]. Chinese Journal of Stroke, 2019, 14(7): 709-726.
- [25] ZHONG W S, ZHOU Y, ZHANG K M, et al. Minor non-disabling stroke patients with large vessel severe stenosis or occlusion might benefit from thrombolysis[J]. Brain Sci, 2021, 11(7): 945.
- [26] LAU H L, GARDENER H, COUTTS S B, et al. Radiographic characteristics of mild ischemic stroke patients with visible intracranial occlusion: the INTERRSeCT study[J]. Stroke, 2022, 53(3): 913-920.
- [27] 霍晓川, 高峰. 急性缺血性卒中血管内治疗中国指南 2018[J]. 中国卒中杂志, 2018, 13(7): 706-729.
- HUO X C, GAO F. Chinese guideline for endovascular treatment of acute ischemic stroke 2018[J]. Chinese Journal of Stroke, 2018, 13(7): 706-729.
- [28] 孙瑄, 杨明, 余泽权, 等. 症状性颅内动脉粥样硬化性狭窄血管内治疗中国专家共识 2022[J]. 中国卒中杂志, 2022, 17(8): 863-888.
- SUN X, YANG M, YU Z Q, et al. Chinese experts consensus on endovascular treatment for symptomatic intracranial atherosclerotic stenosis 2022[J]. Chinese Journal of Stroke, 2022, 17(8): 863-888.
- [29] SUN L L, ZHANG J P, SONG Y, et al. Safety and efficacy of tirofiban in rescue treatment for acute intracranial intraprocedural stent thrombosis[J]. Front Neurol, 2020, 11: 492.
- [30] RESCUE BT Trial Investigators, QIU Z M, LI F L, et al. Effect of intravenous tirofiban *vs* placebo before endovascular thrombectomy on functional outcomes in large vessel occlusion stroke: the RESCUE BT randomized clinical trial[J]. JAMA, 2022, 328(6): 543-553.
- [31] SLAWSKI D, HEIT J J. Treatment challenges in acute minor ischemic stroke[J]. Front Neurol, 2021, 12: 723637.
- [32] CAMPBELL B C, CHRISTENSEN S, TRESS B M, et al. Failure of collateral blood flow is associated with infarct growth in ischemic stroke[J]. J Cereb Blood Flow Metab, 2013, 33(8): 1168-1172.

[本文编辑] 邢宇洋

